

SALT RIDE 2024



**Go
Dharmic**

**Find yourself in India this
December with Go Dharmic
and cycle for nature!**

JOIN US IN INDIA THIS DECEMBER FOR MAHATMA GANDHI'S ICONIC SALT MARCH ~ **CYCLE OR DRIVE WITH US!**

1st - 8th Dec 2024
Ahmedabad to Dandi

**"If you want to change
the world, start with
yourself."**

Mahatma Gandhi



ABOUT THE JOURNEY

Salt Ride 2024

On 12th March, 1930, 60-year-old **Mohandas Karamchand Gandhi** led dozens of his followers on a journey from Sabarmati Ashram to Dandi, in a peaceful protest against an archaic British 'Salt Tax' law.

Gandhi hoped to bring worldwide attention to the growing Indian independence movement, highlighting the injustice of Britain's colonial salt laws which forbade Indians from producing or selling their own salt.



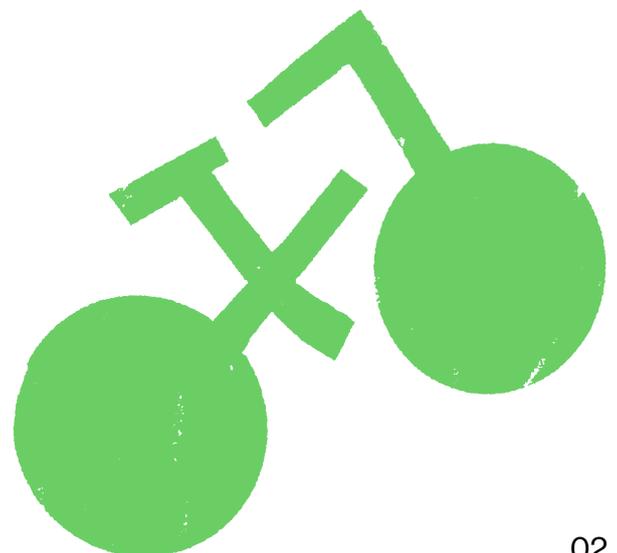
The 'Salt March', also known as the 'Dandi March', began near Gandhi's religious retreat in Sabarmati Ashram. Over the course of 24 days Gandhi and his followers covered 384 km journeying to the coastal village of Dandi. Along the final stretch, crowds of thousands gathered to watch Gandhi and his followers deliberately break the crippling salt law by evaporating Dandi's seawater to make their own salt.

Where Gandhi walked for social justice, we will cycle for the environment. The Salt Ride gives you an opportunity to retrace Gandhi's historic journey, cycle the route raising funds for Go Dharma's environmental campaign, and discover the real India: its rural culture, spirituality, and history.

The spiritual value that one can obtain by taking on this immersive 7-day experience is priceless and invaluable. We will ride approximately 440 KM, experiencing the hidden wonders of India, whilst working to protect against the greatest threat of the 21st century – the Climate Crisis.

"Village India is real India."

Mahatma Gandhi



WHY ARE WE DOING THIS?

The Salt Ride was conceptualised by Hanuman Dass, the founder of Go Dharmic, in 2018, as an initiative to connect Mahatma Gandhi's practical philosophy of ahimsa (non-harming) with the protection of our environment. Gandhi used the principle of non-harming as a tool for social change, so why can't we use this same principle to ground practical environmental action?

Help us raise funds and awareness for positive climate action by cycling for the environment this December. Your fundraising and action will help make a difference whilst discovering India!

WE PLAN TO

Plant 2 million trees at the **Dharma Forest** in the Sundarbans by 2026.

Grow our **Ahimsa and the Environment Campaign** where we create awareness and discuss implementable strategies grounded on the principle of non-harming as a way to reverse and protect against environmental damage.

Support a whole host of environmental projects, including: food distributions that reduce CO2 emissions from food waste, humanitarian disaster relief in locations affected by climate change, carry out advocacy work for dietary change and the reduction of animal agriculture, and environmental education in schools across India.

"Protecting our planet is the greatest social activism the world needs today. This is the dharmic work that is required. By cycling across Gujarat, following the journey of the 'Salt March' which helped create social change through non-violent civil disobedience, we carry on that method to resolve the environmental threat that faces the world today. Back then, people made salt. Today we need to plant trees, reduce our reliance on animals and fossil fuels. As individuals and collectives, we must consciously live and breathe the idea of non-violence towards the natural world."

H a n u m a n D a s s



WHAT'S INCLUDED?

TRAVEL COMPANIONS

- Go Dharmic Volunteer.
- Tour leader.
- Cycle instructor.
- Medic.



TRANSPORT

- Local transfers.
- Go Dharmic bicycle.



ACCOMODATION

- 7 nights accommodation, including stays in ashrams and hotels.



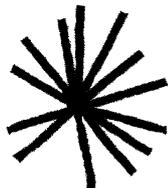
MEALS

- Enjoy Gujarati breakfast, lunch, dinner and snacks.
- Options for dietary and allergy requirements.



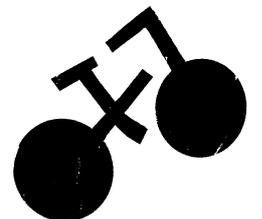
ACTIVITIES

- Visits to ashrams and temples.
- Visits to local schools supported by Go Dharmic.
- Tree plantation.



CYCLING OR VIA CAR

- Comfortable car.
- Support team.
- Experienced driver.



All participants are responsible for their passports and any necessary visas. The Salt Ride cost does not include flights, nor travel insurance. Dinner on Day 7 is not included. Please be aware that on this trip you will be cycling on Indian roads which can be very busy with uneven surfaces. Taking part will be at your own risk.

DAY 00
01/12/2024

Ahmedabad Arrival.

DAY 01
02/12/2024

Meet and Greet, Introduction, Bike Check & a short cycling tour to get accustomed to your bike, Gandhi Ashram Tour.

DAY 02
03/12/2024

Ahmedabad to Nadiad - 74 KM.

DAY 03
04/12/2024

Nadiad to Kankapura - 61 KM.

DAY 04
05/12/2024

Kankapura to Muval - 39 KM.

DAY 05
06/12/2024

Muval to Samni - 48 KM

DAY 06
07/12/2024

Samni to Kachhol - 101 KM.

DAY 07
08/12/2024

Kachhol to Navsari - 62 KM.

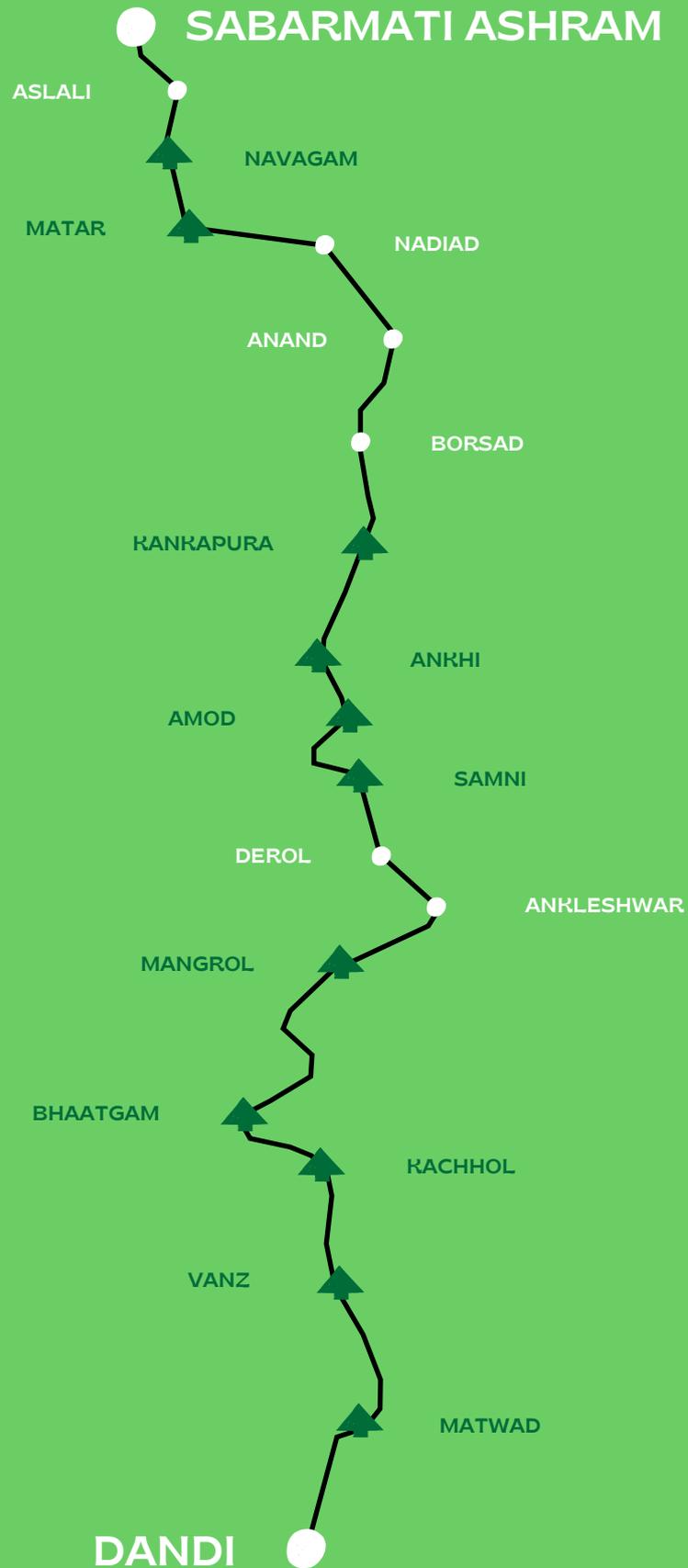
(Navsari Cycling Club will welcome the riders!)
Navsari to Dandi - 22 KM.

Completion of the Salt Ride!

Please note that the itinerary is subject to change based on weather conditions, logistical considerations, or unforeseen circumstances. We will do our best to adhere to the planned schedule and will inform participants of any changes as soon as possible.

ROUTE MAP

Salt Ride 2024



REGISTRATION DETAILS

Salt Ride 2024

One Time Registration

Fee - £750

Minimum Fundraising

Commitment - £2500

Contact us

events@godharmic.com

**REGISTER
NOW!**



HEAR FROM OUR 2022 SALT RIDERS

"Flying GD's flag across Gujarat was a real honour! The values that Gandhi promoted and that are at the core of GD's mission - ahimsa, prema, seva - to me they were omnipresent throughout the trip. Within our interactions, within our dedication towards one another and the cause, within my thoughts..."



Paula Stei

"Everyone had a story to share, I truly have made some lifelong friendships! I still cannot get over the love and appreciation of all the individuals we have met along the way - no matter their circumstances we were welcomed with open arms."



Amber Parmer

"Old friendships have been rejuvenated, and new lifelong friendships created, no doubt! The extraordinary team spirit was undeniably the most visible throughout the event."



Pravina Mehta

"A huge thank-you to everyone in making this ride meaningful and the wonderful memories of which will continue to inspire us and hopefully others."



Hema Manek

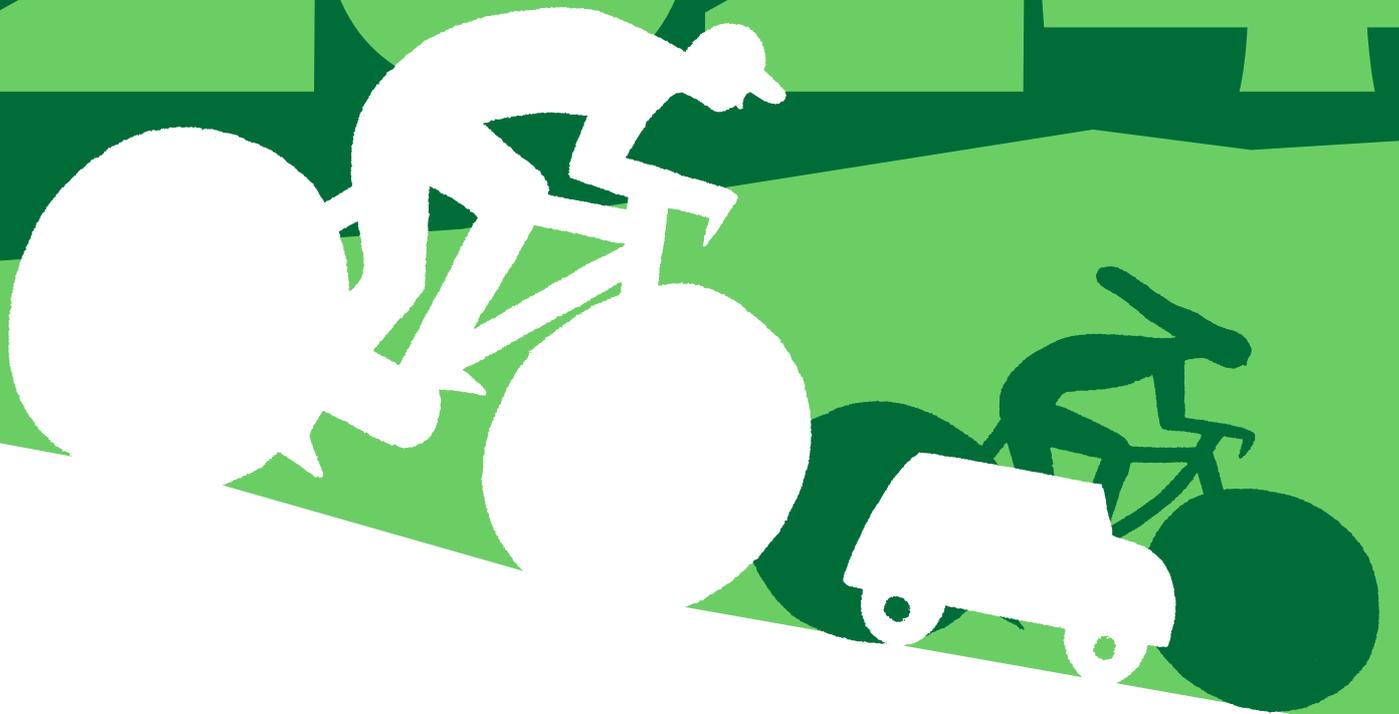
SALT RIDE 2022

Salt Ride 2024



Enroll for an enriching experience today.
Register for Salt Ride 2024.

SALT RIDE 2024



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