

Coronavirus advice for volunteers delivering food safely

This note is intended to provide practical guidance in order to minimize the impact of the Coronavirus (Covid-19) on the health and wellbeing of volunteers (as well as those that they volunteer for and with).

Delivery • Contact-free delivery – social distancing must be adhered to even if someone is not exhibiting any symptoms. You should leave deliveries at the door, rather than handing it over where possible. Knock on the door, then step back at least 2-3 metres and wait nearby for the collection

- With older or less mobile clients you may need to take the delivery indoors. Please explain to the client the need to keep 2 metres away and maintain this throughout the delivery
 - Do not leave before the delivery has been collected
- Advice should be given to recipients to wipe down all packaging with a disinfectant, sanitiser or light bleach solution once they receive it

Personal

- Along with gloves and masks which are compulsory for anyone going out, wear glasses also if possible.
- Keep hand sanitizers with you and use it regularly.
- Make sure you have three masks with you and don't repeat the same mask on consecutive days.
- Make sure while removing gloves you take them inside out and dispose them safely in a closed dust bin. Similarly, while removing a mask, don't touch it from the front but remove it from the sides.
- Once you reach home make sure you wash your hands for at least 20 seconds or take a shower.
- Wash the clothes that you are wearing after you reach home.
- Dispose all the tissues/wipes you are using safely in a closed dust bin.

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· If you or any of your family member is showing any symptoms like cold, dry cough, fever or difficulty in breathing, please do not go out.

Mass Distribution (India Only):

- Please encourage social distancing by adding public to stand 2m apart.
- Use a table and welcome one person at a time to collect the food parcel. Helper to put parcel at end of the table and move away before people collect one at a time.
- Do door to door distribution at night.
- Locate one individual from the area and distribute parcels through that person.
- Use help of police or government workers to organise safe distribution.

For more information you can also download our [do's and don'ts poster](#), and our [poster](#) on how to wash your hands.

**If you require specific advice, please contact Mr Nilesh-
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